

## Psalm 16

Unnameable God, I feel You with me at every moment.

You are my food, my drink, my sunlight, and the air I breathe.

You are the ground I have built on and the beauty that rejoices my heart.

I give thanks to You at all times for lifting me from my confusion,

for teaching me in the dark, and showing me the path of life.

I have come to the center of the universe; I rest in Your perfect love.

In Your presence, there is fullness of joy and blessedness for ever and ever.

Amen